



# Living with Covid-19

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## *Kennebecasis Valley Skating Club*

### General

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1. KVSC volunteers, coaches and participants must follow Public Health and the Town of Rothesay guidelines.
2. Passive screening is important as a protective measure prior to your skating sessions. It's important to self-monitor for COVID-19 symptoms and stay home if you are feeling unwell.
3. Active screening protective measure may be implemented at any time. All KVSC volunteers, coaches, participants, and members must participate for entry to the arena.
4. Attendance of skaters will be taken on a weekly basis for contact tracing purposes.
5. If a skater falls ill during a session a clean mask will be provided and the skater will be sent home. The skater and family will be asked to contact 811 and follow public health directives.
6. Should there be an exposure to the virus, it is now the responsibility of the affected individual to contact the club at [kvfsc.rothesay@gmail.com](mailto:kvfsc.rothesay@gmail.com) in order for KVSC to contact those who may be affected in the same skating class. Those close contacts must contact public health for further instruction. Isolation and testing requirements depending on the level of exposure, as well as vaccination status will be determined by public health.

### Proof of vaccination

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1. As of September 22, 2021, the Provincial Government requires Proof of vaccination from people aged twelve years and over to access sporting activities.
  - <https://www2.gnb.ca/content/gnb/en/corporate/promo/covid-19/nb-vaccine/Proof-of-Vaccination.html>
  - This includes skaters, parents, coaches, volunteers, officials, etc.
2. This proof must include two doses of a COVID-19 vaccine.
3. The Rothesay Arena has provided an individual located at the entrance who, as part of our signed contract agreement, checks all patrons who enter the Rothesay Arena facility for official proof of vaccination, a GNB approved medical exemption letter, and a government issued identification.
4. For skaters under 12 years old whose parents/guardians are not vaccinated, another guardian/adult may accompany them. This person must provide a proof of vaccination 24 hours PRIOR to the skater's session to the KVSC club.
5. Although the POCT (rapid testing) program is in place for use in school outbreaks, proof of a negative POCT test cannot be used to replace the requirement for proof of vaccination from participants, volunteers or spectators. Under the direction of only the Public Health team, proof of a negative test may be used to determine whether participant can resume activities in the event of a close contact.
6. Individuals 12 years and over who cannot receive a vaccine because of a medical exemption, will be required to show a medical certificate of exemption signed by a healthcare provider.

### Masks

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1. Masks are mandatory as of September 22, 2021 in indoor public spaces.
2. Included in this are: dressing/change rooms, hallways, entering and exiting facilities, players' benches, washrooms, etc.
3. Coaches and Program Assistants of skaters in the can skate program must wear a mask.
4. Canskate and Precanskate skater must always remained masked on the ice.
5. Synchro team skaters must wear masks.
6. We encourage coaches to consider always wearing masks especially when social distancing is difficult.
7. Dance partners need to wear a mask.
8. When using a harness, coaches need to wear a mask.

### Hygiene

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1. Practice strict hand hygiene before and after skating activities (washing and sanitizing).
2. Respiratory hygiene:
  - Cough or sneeze in a tissue or the bend of the arm.
  - Dispose tissues immediately and wash hands.
  - Avoid touching the eyes, nose, or mouth.

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### 3. Precanskate / CanSkate

- All teaching aids must have cleaning protocols.
- Name tags will be provided to each precanskate and canskate skater. It is the responsibility of the parent/caregiver to bring the name tag home and sanitize it before each session.

4. All skaters must bring their own personal items (gloves, tissues, water bottles, etc.).

## Social Distancing

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1. All reasonable attempts shall be made to respect physical distancing measures except for brief contact (both on and off-the-ice).

2. Please respect the assigned entrance and exits of the ice surface.

3. Participants in dressing rooms must social distance themselves and always remain masked. A monitor may be placed in the dressing rooms at any point of time.

4. Spectators may sit or observe skating sessions from the bleacher area only. Spectators are not permitted on the players bench side of the arena.

## Coaching

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1. Avoid hands-on assistance.

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- Coaches must use verbal cues when instructing students rather than physical contact.
- Use verbal cues & drawings on ice to enhance learning. Use verbal incentives.

2. Coaches need to have their own coaching aids which cannot be shared with others.

3. Skaters must socially distance from each other while listening to group instructions, while on the ice surface, while getting a drink at the board, while playing music, and while watching a peer complete a solo. Additions may and can be added to this list at the discretion of the board and coaches. If a skater does not comply with the requests made, s/he may be asked to remove themselves from the ice surface and rink.

4. Skaters, Coaches, Parents, or Patrons of the Arena during scheduled and rented ice times by KVSC must adhere to all rules and regulations placed by KVSC. If a skater,

coach, parent, or patron does not comply with a request, s/he may be asked to leave the premises.

## School Closure

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1. If your skater's school (public or private) has closed due to a COVID case, your skater, regardless of their vaccination status, **will be suspended** from skating until COVID contact tracing is complete. Once contact tracing is completed, the skaters who attend the affected school may fall into one of the following categories:
  - Skaters that have been advised to self-isolate may not attend skating until given clearance from public health.
  - Skaters who are a close contact and have 1 symptom must stay home, self-isolate and get a PCR test (public health guideline)
  - Skaters who are fully vaccinated, with no COVID-19 symptoms, can attend skating.
  - Skaters who are unvaccinated and participating in the rapid testing program can attend skating without any COVID-19 symptoms and a negative test. KVSC is NOT allowed to verify or validate the PCR test, the onus is on the family to follow public health directives.
  - Skaters who are unvaccinated and NOT participating in the rapid test program are not permitted to attend skating until their isolation period is over.